

These advanced seminars will focus on improving your practical knowledge of kihon concepts, kata combat strategies, and self defence applications. This will include concentrated focus on both kata performance and kumite coaching. Open to all instructors and students 3rd kyu+ (min.16yrs).

Saturday 20th and Sunday 21st July 2024

Narre Warren Dojo, 2 Deblin Dr, Narre Warren

Saturday - Training 9.30am - 1.00pm

Training 2.30pm - 5.30pm

(All instructors and Black belts)

Epping Dojo, 3/160 Jersey Dr, Epping

Sunday - Training 9.30am - 1.00pm

Training 2.30pm - 5.30pm

(2nd Dan Black Belts and above)

Cost \$65 per day

Each day Includes 6.5 hours of karate training. Lunch will also be provided both days.

BLACK BELT CAMP TEE \$35

Available in XSmall to 3XL

Tee's must be ordered & paid for online by Sunday 7/07/24 and will be delivered to you at the camp.

Scan here to place your order.

OR visit the address below...

www.gkrkarateshop.com.au/
product/blackbeltcampteesvic/



CAMP REGISTRATION AND PAYMENT ONLY

ATTENDING:

SATURDAY

SUNDAY

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Name:	D.O.B.: / /	Mobile Number:	
Email:	Dietary Requirements:		
PAYMENT: CASH OR PLEASE CHARGE	MY CARD VISA	MASTERCA	RD
Credit Card Number		Expiry Date	CVV
Name on Card:	Signature:	Amount	: \$