



GO-KAN-RYU KARATE-DO NSW BLACK BELT CAMP 2022

Conducted by Kancho Robert Sullivan,
Shihan Gavin Samin & Shihan Anthony Ryan

Join us for 2 days of comprehensive karate tuition that will focus on improving your practical knowledge of kihon concepts, kata combat strategies, and self defence applications This will include concentrated focus on both kata performance and kumite coaching. Open to all instructors and students 3rd kyu+ (min.16yrs).

**Friday 18th, Saturday 19th &
Sunday 20th November 2022**

**Wollongong Surf Leisure Resort (WSLR)
201 Pioneer Rd, Fairy Meadow**

- Friday - Check-in at Wollongong Surf Leisure Resort from 6pm
- Saturday - Training at Wollongong Dojo (398 Keira St, Wollongong)
9.30am to 12.30pm
2.30pm to 5.30pm
- Sunday - Training at Wollongong Dojo (398 Keira St, Wollongong)
9.30am to 1.30pm
Lunch after training at the dojo on Sunday
2.30pm Camp finishes – return home

Cost \$345pp

Includes all meals (Fri night supper, Sat & Sun breakfast & lunch + Sat dinner). All meals will be served at WSLR except for Sunday lunch. 10 hours karate training Sat & Sun. 2 nights share accommodation (Fri & Sat). Please bring sleeping bag, sheet & pillow.

BLACK BELT CAMP TEE

Available in Small to 3XL

Tee's are available to order when you register by the 23rd October 2022 and will be delivered to you at the camp. Tees are not available to order if registering after the 23rd October 2022.



\$30

front

back

Name: _____ D.O.B.: ____ / ____ / ____ Mobile Number: _____

Email: _____ Dietary Requirements: _____

T-Shirt Size: S M L XL 2XL 3XL I am not purchasing a T-shirt

PLEASE CHARGE MY CARD VISA MASTERCARD

Credit Card Number

Expiry Date

CVV

Name on Card:

Signature:

Amount: \$

To register, please hand this completed form to your Senior Instructor by
Sunday 23rd October 2022