



YOU'RE INVITED TO GKR KARATE'S 2023 OKINAWA TRIP **COMMENCES MONDAY 21ST AUGUST 2023**

GKR Karate has been organising trips to Karate's homeland every two years since 2001. Originally exclusive to our Senior Instructors, these visits later coincided with some of Japan's National Karate tournaments whereby our top competitors were also invited. Due to the success and popularity of these regular visits, GKR has been making the invitation open to all students since 2016.

Our previous trip (pre-Covid) had over 70 students and involved seminars with a number of prominent Okinawa Masters. For this upcoming trip, we have organized a different collection of Masters to conduct our sessions, and more details will be provided as soon as we have received full confirmation. Stay tuned to our Okinawa Facebook page for more details. Our karate seminars will take place at the Kaikan. This is a very popular venue that hosts many Martial Arts-based events.

WHY WE CONDUCT THESE TRIPS

Okinawa houses countless karate-related historic sites, memorials and the World's only Karate Museum. These trips offer students the opportunity to broaden their overall knowledge whilst immersing themselves in the culture and customs of karate's true birthplace.

Monday the 21st August – Kaikan Dojo

Seminar 1: 9.00am - 12.00pm

Seminar 2: 1.30pm - 4.30pm

Tuesday the 22nd August – Kaikan Dojo

Seminar 3: 9.00am - 12.00pm

Seminar 4: 1.30pm - 4.30pm

Wednesday the 23rd August

Free time. You may choose to book a day trip with us as we have buses venturing to Cape Maeda for snorkelling. This includes a stop at Castle ruins and 'America Village' (beach, shops, restaurants etc).

Thursday 24th August

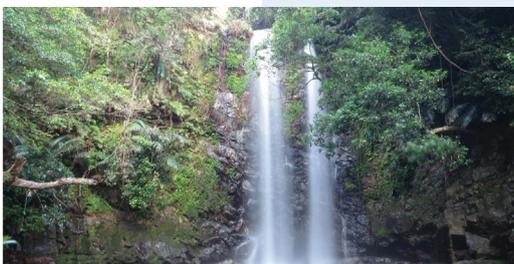
Free time. You may choose to book a day trip with us as we have buses venturing to Okinawa's Underwater Aquarium and an island connected by bus to the mainland.

Friday 25th August – Kaikan Dojo

Seminar 5: 9.00am - 12.00pm

Seminar 6: 1.30pm - 4.30pm

Friday Evening – Farewell dinner. Venue TBA.





KARATE FESTIVAL ADD ON

We have intentionally started our itinerary on the 21st of August, allowing anyone who wishes to arrive in Okinawa early the ability to join in the Budo no Bugei Karate festival.

All GKR students are allowed to participate in these seminars which start on August 14 and run through to August 20. These seminars are held at the Kaikan (the same venue as our seminars). For any students keen to participate, please don't hesitate to let us know.

The festival is overseen by 10th Dan Master, Kenyu Chinen. Of interest, Master Chinen will be one of the masters conducting a Seminar for GKR Karate.

SPECIAL NOTES

These trips currently have three 'official' training days (18 hours of training). There are however, ample opportunities to do extra training if you wish. You can contact the Okinawa Karate Information Centre by email (OKIC.okinawa) to arrange these classes prior to landing. Alternatively, you can also organize them while there.

SPECIAL NOTES (Continued)

Okinawa is a series of tiny Islands and each is its own version of Tropical Paradise. While a number of these islands can be reached by ferry (or even car, across a bridge), most domestic airlines offer very cheap airfares to the islands further away. August is summer in Okinawa and a great time to explore.

For most people visiting Japan/Okinawa for the first time, Tokyo is generally on their list of places to see. Your flights to Okinawa will come via Tokyo so if visiting there excites you, then be sure to organize a stop-over prior to, or after your Okinawa leg.

If you plan to explore Okinawa's mainland (beaches, waterfalls, tourist attractions etc), hiring a car is very easy. However, you will need an International Driver's license. These can be quickly organized within in your country.

RSVP

Please RSVP by Sunday 23rd July if you will be attending our Okinawa Experience Week either as a spectator/parent or as a student. This will help us to better arrange social events and also provide the local masters with an idea of class sizes. RSVP email address is okinawa23@gkrkarate.com

As we get closer to the date, we will send you further correspondence via email as well as posting updates on the Facebook page: www.facebook.com/gkrokinawaexperience

COMMEMORATIVE CLOTHING

A special commemorative T-Shirt & Singlet are available to all students attending the event.



Scan here to order your items online by Sunday 2nd July 2023. Tees will be delivered to you at the event.

