

**GO-KAN-RYU KARATE-DO** 

# 2023 SOUTH AUSTRALIAN BLACK BELT CAMP

Conducted by Shihan Gavin Samin & Sensei Jason Knight

Join us for 2 days of comprehensive karate tuition that will focus on improving your practical knowledge of kihon concepts, kata combat strategies, and self defence applications This will include concentrated focus on both kata performance and kumite coaching. Open to all instructors and students 3rd kyu+ (min.16yrs ).

## Saturday 16th and Sunday 17th September 2023

## **Underdale High School**19 Garden Tce, Underdale

Saturday - Training 9.00am - 12.00pm Training 2.00pm - 5.00pm

Sunday - Training 9.00am - 1.00pm

Final Lunch 1.30pm then depart camp

## Cost \$95pp (Full Camp)

Includes 10 hours of karate training over Saturday and Sunday. Lunch will be provided at the venue on both days.

### **BLACK BELT CAMP TEE \$30**

Available in XSmall to 3XL

Tee's must be ordered & paid for online by Sunday 27/08/23 and will be delivered to you at the camp.

Scan here to place your order.
OR visit the address below...
gkrkarateshop.com.au/product/
blackbeltcamp2023teesa



#### **CAMP REGISTRATION AND PAYMENT ONLY**

Name:	D.O.B.:/	1	Mobile Number:_	
Email: Dietary Requirements:				
PAYMENT: CASH OR PLEASE CHARGE	MY CARD	VISA	MAS	STERCARD
Credit Card Number			Expiry Date	CVV
Name on Card:	Signature:			Amount: \$